

24 DE MARÇO - ARARAS

CORRIDA 5K FEM

Pos	Num	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Tempo
1	114	CLARITA DENARDI	F	40	F3140	-		TEAM CLA	00:22:16
2	385	MARCELA DAIANE PIVA DE FREITAS	F	39	F3140	-		S2 ASS ESPORTIVA	00:24:21
3	159	EDNA DA SILVA DE LUCENA	F	45	F4150	-		CORREIA-ANJOS	00:25:51
4	496	RAFAELA DE PAULA	F	33	F3140	-			00:26:01
5	524	ROSANGELA ROSSI DA SILVA	F	42	F4150	-			00:26:03
6	425	MARIANA PIRES CALIXTO	F	42	F4150	1		ASSESORIA RONILENE	00:26:25
7	527	SABRINA SILVA	F	37	F3140	1			00:26:49
8	227	GISELE MARIANO	F	43	F4150	2		PAULO SALES	00:27:13
9	340	LEIA PORTO COELHO CLARO	F	26	F2130	1		CORRERIA.	00:27:25
10	366	LUCIANE CRISTINA DEZOTTI SOATI	F	51	F5160	1			00:27:25
11	531	SANDRA COLOMBINI	F	48	F4150	3		TEAMCLA	00:27:31
12	126	CRISTINA MARQUES	F	37	F3140	2		SESI ARARAS	00:27:42
13	345	LETICIA ARGENTE BRESSAN	F	34	F3140	3			00:27:43
14	7	ADRIANA HELENA PAULINO MENDES	F	47	F4150	4		CORRERIA	00:27:46
15	295	JOSI SANTANA	F	47	F4150	5			00:27:52
16	305	JULIANA GUSMIN POLISEL	F	38	F3140	4		POLISEL	00:27:55
17	28	ALICE ZAMBON GAMBINI	F	16	F1420	1			00:28:00
18	196	FERNANDA MELON F DE CAMPOS	F	46	F4150	6		AAA RUNNERS	00:28:09
19	543	SILVANA OLIVEIRA LOPES DE SOUSA	F	51	F5160	2		FOCOS ACADEMIA	00:28:19
20	45	ANA CRISTINA RODRIGUES DOS SANTO	F	32	F3140	5		CORRERIA	00:28:19
21	157	EDILEIA DIAS BARBOSA	F	37	F3140	6			00:28:25
22	585	VALQUIRIA GRAZIELA DIAS DA SILVA	F	32	F3140	7		MERCADANTE	00:28:27
23	380	MAIRA RENATA DA COSTA FINOTTI	F	37	F3140	8		SESI ARARAS	00:28:32
24	218	GILCELENE RODRIGUES SANTOS DA SI	F	58	F5160	3			00:28:37
25	492	PRISCILA DANIELE CAZELLA	F	40	F3140	9			00:28:39
26	121	CLERCIA FERNANDA PICELO	F	44	F4150	7		SAYAO	00:29:07
27	328	LAISY FERNANDA FERREIRA	F	26	F2130	2		CHORA BAMBU	00:29:13
28	57	ANA PAULA VENEZIAN	F	39	F3140	10			00:29:14
29	423	MARIA SOUSA PEREIRA CAMPOS	F	62	F6169	1		ACADEMIA MEGA FITNESS ARARAS	00:29:20
30	476	PAMELA ALMEIDA	F	30	F2130	3			00:29:24
31	549	SONIA CONSTANTINOV MARCUCCI	F	52	F5160	4			00:29:34
32	378	MAGNA GOMES DA SILVA NICOLETTI	F	45	F4150	8		SESI	00:29:37
33	589	VERA LIGIA FAVERO	F	48	F4150	9			00:29:38
34	504	RENATA SOARES	F	32	F3140	11			00:29:50
35	136	DANIELE CERATTI	F	52	F5160	5		VO2 ACESSORIA	00:29:59
36	298	JULIA AZEVEDO	F	27	F2130	4			00:30:04
37	467	NICOLE MOURAO	F	29	F2130	5		LPRUN	00:30:09
38	330	LARIANA C CARROCINI	F	42	F4150	10		FISIOESPORTS	00:30:18

24 DE MARÇO - ARARAS

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39	259	JANAINA APARECIDA RODRIGUES SILVA	F	42	F4150	11		ND	00:30:24
40	563	TATIANE A. CARVALHO	F	34	F3140	12			00:30:28
41	526	SABRINA CARVALHO FRANZINI	F	31	F3140	13			00:30:29
42	365	LUCIANA PAULINO GOMES	F	45	F4150	12			00:30:31
43	424	MARIANA DOMINGOS	F	30	F2130	6		FOCUS ACADEMIA	00:30:32
44	299	JULIA CANDIDO VIEIRA DE OLIVEIRA	F	26	F2130	7		BIDA ESPORTES	00:30:35
45	511	ROBERTA ALVES MOREIRA DE ALMEIDA	F	28	F2130	8		BIDA ESPORTES	00:30:37
46	522	ROSA DOS SANTOS	F	63	F6169	-	PC	CORRERIA - ANJOS	00:30:39
47	507	RENATA ELIZABETH PIVA DE FREITAS	F	51	F5160	6		S2 ASSESSORIA	00:30:40
48	536	SARAH DE MELO BORTOLUCE CURTOLO	F	39	F3140	14		MERCADANTE	00:30:42
49	317	KARINA APOLINARIO TEIXEIRA MARQUES	F	34	F3140	15		EQUIPE FOCUS	00:30:43
50	391	MARCIANA MARIZ	F	29	F2130	9			00:30:45
51	216	GERALDA MOREIRA RODRIGUES	F	55	F5160	7			00:30:51
52	556	TATHIANA CAETANO SANTIAGO	F	37	F3140	16		SAYAO	00:30:51
53	463	NATHALIA NOVENTA	F	28	F2130	10			00:30:52
54	30	ALINE DEBORAH BENTO VALENTIM	F	42	F4150	13		AAA RUNNERS	00:31:00
55	84	BEATRIZ ZANON DE SANTANNA VITOR	F	23	F2130	11			00:31:02
56	192	FERNANDA AP.S.MARCIANO DE MORAES	F	35	F3140	17		SESI	00:31:02
57	617	NAIARA CAROLINE MUDNUTTI	F	29	F2130	12			00:31:04
58	3	ADRIANA AP. SANTOS SECCO	F	43	F4150	14		VALHALLA	00:31:09
59	542	SILVANA MARTINS TRAINA	F	57	F5160	8		PRACA FRATERNIDADE N	00:31:20
60	4	ADRIANA CURTOLO	F	35	F3140	18			00:31:23
61	464	NATHALIA P. DA S. N. BARBOSA	F	29	F2130	13		LPRUN	00:31:28
62	520	RONILENE C. DOS SANTOS RODRIGUES	F	39	F3140	19		CORRERIA - ANJOS	00:31:32
63	349	LIA MICHEL GRANSO	F	34	F3140	20		SUPERACAO - CME	00:31:34
64	329	LAIZA ESTER ZULIAN	F	39	F3140	21		CHORA O BAMBU	00:31:38
65	411	MARIA EDUARDA CABRINI	F	30	F2130	14		TEAM FER OZELO	00:31:43
66	350	LIZA MAGDA DE SOUZA	F	49	F4150	15			00:31:46
67	362	LUCIANA APARECIDA LOURENCO FRANC	F	50	F4150	16			00:31:50
68	49	ANA LICIA PIVA BERGAMIN	F	42	F4150	17		SESI	00:31:51
69	110	CASSIA A.B.DIAS BARBOSA	F	65	F6169	2		AAA RUNNERS	00:31:58
70	297	JOSIMARA RODRIGUES MAZETTO	F	44	F4150	18		PITICO	00:32:10
71	134	DANIELA C F MENDONCA DE BARROS	F	41	F4150	19			00:32:19
72	560	TATIANA MAYUMI MORITAKA YOGUI	F	36	F3140	22			00:32:23
73	532	SANDRA REGINA FAVERO CASSIANO	F	52	F5160	9			00:32:24
74	540	SIDLENE OLIVEIRA DE ARAGAO	F	43	F4150	20			00:32:36
75	352	LORIANI CRISTINA ROSSETTI	F	54	F5160	10		MERCADANTE	00:32:49
76	508	RENATA PONCIANO ZIVIANI SILVERIO	F	30	F2130	15			00:32:50

24 DE MARÇO - ARARAS

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77	462	NATHALIA FREITAS DA SILVA PINTO	F	36	F3140	23			00:32:54
78	251	ISA MARA BRAGA DOS REIS	F	36	F3140	24			00:32:56
79	313	JUSSARA DE JESUS CRUZ	F	34	F3140	25		FOCUS ACADEMIA	00:33:01
80	296	JOSIANE DA SILVA	F	36	F3140	26		FOCUS ACADEMIA	00:33:08
81	426	MARIANE DIAS	F	38	F3140	27			00:33:13
82	100	CARLA CRISTINA DE ASSIS	F	27	F2130	16			00:33:33
83	85	BENEDITA APARECIDA BERTIN	F	57	F5160	11		MERCADANTE	00:33:36
84	168	ELAINE AP TEZAO GRAVA	F	55	F5160	12			00:33:45
85	61	ANATALIA SANTOS	F	31	F3140	28			00:33:56
86	506	RENATA CRISTINA DE ALMEIDA	F	40	F3140	29			00:33:58
87	16	ALESSANDRA A SANTOS	F	46	F4150	21		SESI	00:34:01
88	44	ANA CLAUDIA BORGES TORRES	F	58	F5160	13		BIDA ESPORTES	00:34:04
89	574	THAYLA VITORIA FREITAS MAZAROTTO	F	24	F2130	17			00:34:05
90	455	MONICA CURTOLO HABERMANN	F	50	F4150	22		AAA RUNNERS	00:34:07
91	300	JULIA HELENA DE PAULA	F	28	F2130	18			00:34:12
92	249	IEDA THAIS FRANCO OLIVEIRA	F	39	F3140	30		VO2	00:34:22
93	21	ALESSANDRA MAURICIO OCETE	F	52	F5160	14		AAA RUNNERS	00:34:24
94	99	CAMILA KROTH COSTA	F	43	F4150	23			00:34:31
95	448	MAYARA PAITZ SALVADOR APPOLARI	F	36	F3140	31			00:34:35
96	481	PAULA HELENA CORTE	F	34	F3140	32			00:34:37
97	181	ERIKA REGINA VANTIN FUZARI	F	35	F3140	33			00:34:41
98	50	ANA MARIA MATIOLI COVRE	F	62	F6169	3		AAA RUNNERS	00:34:49
99	107	CAROLINE BATISTA GASPAROTTO	F	38	F3140	34			00:34:50
100	621	JULIA LOPES BEGNAME	F	24	F2130	19			00:35:09
101	234	GRACIELLE TELES SOUZA RIBEIRO	F	32	F3140	35			00:35:10
102	452	MILENA MAZETTO	F	44	F4150	24			00:35:18
103	37	AMANDA ZAMBELLI NAVARRO	F	30	F2130	20			00:35:24
104	615	TAINA MORAES	F	28	F2130	21		EQUIPE LIFEWAY	00:35:37
105	256	IVANEIDE NUNES FERREIRA	F	42	F4150	25		NASCIDOS PRA CORRER	00:35:50
106	509	RICARDA SIMONE CERNE FAGGION	F	68	F6169	4		SESI	00:36:01
107	43	ANA CAROLINE DA SILVA OLIVEIRA	F	24	F2130	22			00:36:09
108	177	EOLA SANTOS TELES DA SILVA	F	41	F4150	26			00:36:15
109	301	JULIANA APARECIDA PERES	F	39	F3140	36			00:36:28
110	447	MAYARA BORALLI MARIANO MONTAGNER	F	35	F3140	37			00:36:37
111	566	TATIANE MAZETTO	F	39	F3140	38		RUNNERS AAA	00:36:37
112	478	PATRICIA APARECIDA DAOLIO	F	46	F4150	27			00:36:40
113	626	FERNANDA BRAGA SALMAZZI	F	25	F2130	23			00:36:41
114	625	JULIANA VITORIA PEREIRA	F	26	F2130	24			00:36:43
115	8	ADRIANA MARIA DA SILVA	F	36	F3140	39			00:36:43

24 DE MARÇO - ARARAS

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116	184	EUFEMIA DA SILVA CORNEA	F	69	F6169	5		SESI ARARAS	00:36:57
117	544	SILVIA HELENA SQUISSATO GUSMIN	F	60	F5160	15		AAA	00:37:07
118	308	JULIANA ROZOLEM	F	23	F2130	25			00:37:11
119	213	GABRIELLA DE FERRO E BRUSSI	F	37	F3140	40		VALHALLA	00:37:14
120	602	VIVIANE CRISTINA DENARDI	F	29	F2130	26			00:37:21
121	375	LUZIA ALVES DOS SANTOS RODRIGUES	F	60	F5160	16			00:37:28
122	11	AGATHA JULIA DA SILVA	F	25	F2130	27			00:37:34
123	200	FLAVIA CATTAI	F	35	F3140	41			00:37:34
124	106	CAROLINA MISSAO DOS SANTOS	F	23	F2130	28		LPRUN	00:37:38
125	79	ARIELE PRISCILA DE MORAES DENARD	F	34	F3140	42			00:37:42
126	570	TELMA MARIA LUIZ SANTOS	F	43	F4150	28		COLEGIO COGNUS	00:37:47
127	364	LUCIANA MARIA CAETANO PINHEIRO	F	47	F4150	29		TEAM SANDRAO	00:37:48
128	18	ALESSANDRA BRITO DA SILVA FERNAN	F	39	F3140	43			00:37:54
129	377	MAGDA DE FATIMA FERREIRA	F	59	F5160	17		LOKOMOTIVA	00:37:54
130	315	KAMILLY VITORIA PEREIRA DE SOUZA	F	18	F1420	2		ANJOS SOBRE RODAS	00:37:57
131	70	ANDREZA GIOVANA ANTONIO	F	46	F4150	30			00:37:57
132	69	ANDREA DE CAMPOS RUGINSK	F	48	F4150	31		AAA RUNNERS	00:38:06
133	6	ADRIANA DE CAMPOS PASTRE	F	46	F4150	32		AAA RUNNERS	00:38:07
134	454	MIRELLA DE SOUZA BARBOSA	F	39	F3140	44			00:38:12
135	475	PALOMA CABRINI ARAUJO	F	25	F2130	29			00:38:14
136	194	FERNANDA FAVERI MORO	F	39	F3140	45			00:38:18
137	42	ANA CAROLINA FERRO CORTE BRESSAN	F	36	F3140	46			00:38:19
138	17	ALESSANDRA BEGNAMI	F	53	F5160	18			00:38:35
139	422	MARIA REGINA MELAO VICENTE	F	61	F6169	6		SEM EQUIPE	00:38:36
140	331	LARISSA CRISTINA VICENTE	F	29	F2130	30			00:38:42
141	415	MARIA HELENA GAION LUIZ	F	47	F4150	33		TEAM SANDRAO	00:39:02
142	98	CAMILA DE SOUZA GONCALVES	F	36	F3140	47		TEAM SANDRAO	00:39:02
143	183	ESTELA DELGADO DE SOUZA	F	43	F4150	34		SAYAO	00:39:15
144	2	ADELIA DE CASTRO GEROMIM	F	43	F4150	35		SAYAO FUTEBOL CLUBE	00:39:15
145	321	KELLY APARECIDA DONIZETTI DE SOU	F	35	F3140	48		SAYAO	00:39:15
146	528	SABRINA SOUZA MOREIRA	F	30	F2130	31			00:39:20
147	416	MARIA HELENA MARIANO VILHENA	F	60	F5160	19		HELENA VILHENA	00:39:21
148	197	FERNANDA SQUISSATO TORATTO	F	45	F4150	36			00:39:36
149	56	ANA PAULA SANTANA	F	33	F3140	49		FOCUS ACADEMIA	00:39:40
150	332	LARISSA NOLASCO LIMA	F	29	F2130	32			00:39:53
151	351	LORENA CRUZ SOARES	F	21	F2130	33			00:39:53
152	407	MARIA CLAUDINEIDE DA SILVA BRAN	F	38	F3140	50		LPRUN	00:39:57
153	417	MARIA INES DE SOUZA LIMA OLIVEIR	F	63	F6169	7		L PRUN	00:39:58
154	584	VALDIRENE MARIA TONON	F	49	F4150	37			00:40:10
155	228	GISELE MEDEIRO	F	40	F3140	51			00:40:11

24 DE MARÇO - ARARAS

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156	429	MARILIA GABRIELA SENEDA PETRONI	F	39	F3140	52		00:40:12
157	420	MARIA MADALENA PIVA	F	63	F6169	8		00:40:32
158	450	MAYSA FREIRE NUNES	F	53	F5160	20		00:40:38
159	145	DENISE D. M. R. CANASSA	F	40	F3140	53		00:40:43
160	561	TATIANA NEVES MAZZUCATTO	F	40	F3140	54	SESI ARARAS	00:40:43
161	142	DEBORA GONCALVES MAIA RIBEIRO	F	44	F4150	38		00:40:45
162	20	ALESSANDRA COLOMBO	F	47	F4150	39	AAA	00:40:50
163	47	ANA JULIA CASAGRANDE	F	35	F3140	55	VALHALLA	00:40:54
164	51	ANA PAULA CORREA	F	46	F4150	40	SESI ARARAS	00:40:55
165	461	NATALIA DE OLIVEIRA REGO	F	48	F4150	41	AAA	00:41:12
166	211	GABRIELA GIMENES	F	25	F2130	34		00:41:16
167	497	RAFAELA SANTOS DE JESUS	F	30	F2130	35		00:41:18
168	421	MARIA MADALENA VICENTE GAINO	F	64	F6169	9	CORUJINHAS	00:41:40
169	304	JULIANA FAVARO VIANNA DOS SANTOS	F	38	F3140	56		00:41:56
170	223	GIOVANA SILVA	F	49	F4150	42	AAA RUNERS	00:41:58
171	39	ANA BATISTA DOS SANTOS	F	52	F5160	21		00:41:59
172	113	CINTIA TATIANA SAMPAIO	F	43	F4150	43		00:42:06
173	512	ROBERTA PASTERNAK MACHIONI	F	52	F5160	22		00:42:10
174	406	MARIA CLARA ROSA	F	23	F2130	36	NASCIDOS PARA CORRER	00:42:29
175	123	CRISTIANE CONSTANTINOV MARCONI	F	35	F3140	57		00:42:29
176	59	ANA PAULA ZAMBON GAMBINI	F	44	F4150	44	COGNUS	00:42:31
177	418	MARIA JULIA FRANZINI	F	27	F2130	37		00:42:37
178	346	LETICIA DAHMEN	F	28	F2130	38		00:42:37
179	264	JESSICA CRISTINA MARCIANO	F	37	F3140	58		00:42:42
180	230	GIULIA MAGALI MARRY DA CRUZ	F	27	F2130	39		00:42:48
181	40	ANA BEATRIZ ROSSI	F	19	F1420	3	SESI ARARAS	00:42:54
182	9	ADRIANA NUNES ALVES ROSSI	F	51	F5160	23	ARARAS SESI	00:42:55
183	250	IRACEMA BARBOSA PEREIRA	F	42	F4150	45		00:43:01
184	601	VIVIAN MEI MATUOKA	F	23	F2130	40	LP RUNNERS	00:43:04
185	316	KAREN GABRIELA DE AMARANDO COSTA	F	27	F2130	41		00:43:13
186	569	TAYNA CRISTINA GUARIENTO ALVES	F	29	F2130	42		00:43:39
187	212	GABRIELI MASSA	F	30	F2130	43		00:43:53
188	427	MARIANE LOPES DE SOUZA CURTULO	F	33	F3140	59		00:44:25
189	523	ROSANA THOMAZ	F	57	F5160	24	MERENGUE	00:44:29
190	430	MARINALVA RAMOS DA CRUZ	F	45	F4150	46	CORUJINHAS	00:44:43
191	371	LUISA CHAVES ALMEIDA FARIA	F	25	F2130	44		00:44:49
192	60	ANALIA SOARES	F	25	F2130	45		00:44:50
193	554	TAINA CRISTINA SILVA	F	22	F2130	46		00:44:52
194	545	SILVIA REGINA ARAUJO DA SILVA BE	F	54	F5160	25		00:44:54

24 DE MARÇO - ARARAS

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195	52	ANA PAULA DE OLIVEIRA MENDES	F	40	F3140	60			00:45:49
196	565	TATIANE MARCELA FRANQUINI DO NAS	F	38	F3140	61		MERENGUE	00:45:51
197	83	BEATRIZ BUENO	F	22	F2130	47		ICARO VINICIUS	00:47:19
198	573	THAIS PEREIRA DO NASCIMENTO	F	28	F2130	48			00:47:21
199	193	FERNANDA CHINAGLIA PRADO	F	32	F3140	62			00:47:22
200	278	JOCELI CRISTINA DOS SANTOS RAMOS	F	32	F3140	63			00:47:42
201	333	LARISSA REZENDE LANHELLAS	F	37	F3140	64			00:48:48
202	171	ELIJANES DANIELE BRANDINO MUNIZ	F	38	F3140	65			00:49:24
203	376	LYVIA APARECIDA SANTOS SILVESTRE	F	42	F4150	47			00:49:24
204	535	SARA LISIA ROSSI SENA	F	38	F3140	66			00:49:52
205	318	KATHIENE CORREA SPATTI DE LIMA	F	41	F4150	48			00:50:03
206	529	SAMIRA ANGLERI	F	35	F3140	67			00:50:03
207	409	MARIA DA CONCEICAO NASCIMENTO	F	65	F6169	10			00:50:24
208	405	MARIA CLARA MORAES MOREIRA	F	18	F1420	4			00:51:06
209	235	GRAZIELLE DE SOUZA	F	23	F2130	49			00:51:51
210	46	ANA GABRIELLI LEMOS	F	27	F2130	50			00:51:53
211	521	ROSA DE NADAI DIONISIO	F	78	F7099	1		INDIVIDUAL	00:53:05
212	498	RAFAELA TONETTI DIAS	F	37	F3140	68		EQUIPE A.A.A	00:55:46
213	116	CLAUDIA JOSIANE PEREIRA DA SILVA	F	42	F4150	49		60409075000152	00:57:19
214	403	MARIA BELA DE ALMEIDA	F	70	F7099	2		CORRERIA - ANJOS	00:57:39
215	178	ERICA CRISTINA CAMARA BARCO	F	42	F4150	50		EQUIPE SAYAOFCC	01:00:37
216	525	ROSANGELA TAVARES DA SILVA	F	59	F5160	26		EQUIPE SAYAOFCC	01:10:37