

# CORRIDA DE VERÃO - ITANHÁ-M 2023

## CORRIDA 5K FEM

Pos	Num	Atleta	Sx.	Idd.	Faixa	F.E	C.	Equipe	Tempo
1	177	ELIZABETH SILVA DE OLIVEIRA	F	32	F3034	-		MICHELLY ARAUJO	00:20:35
2	528	ROZIRENE FERREIRA MORAES	F	50	F5054	-		COYOTES RUN BERGAMIN	00:20:42
3	491	ROSA MARIA	F	54	F5054	-		GSPORTES	00:22:26
4	197	FERNANDA BLANCO	F	44	F4044	-		LOS PANNAS	00:22:50
5	55	ANGELA SANTOS PATRIOTA	F	31	F3034	-		VO2MAX	00:22:37
6	147	GISELE ROCHA DE OLIVEIRA	F	40	F4044	1		FALCOES	00:23:18
7	469	PAULA PRISCILA DOS SANTOS	F	30	F3034	1		LION FIT	00:23:19
8	24	ALEXANDRA SANTOS DA SILVA	F	41	F4044	2		BOLA RUNNING	00:23:35
9	2004	VANESSA SANTOS	F	47	F4549	1		BRASIL RUNNER	00:23:54
10	399	MARIA AURISTELA CAVALCANTE MESQUITA	F	56	F5559	1		EQUIPE JABAQUARADECORRI DAS	00:23:55
11	581	VIVIANE AP.DE LIMA CATANEO	F	42	F4044	3		EAGLES	00:23:56
12	322	JULIANE LOPES BORGES DE ANDRADE	F	49	F4549	2		EQUIPE DINOSSAUROS	00:24:19
13	519	ROSANGELA SANTOS DE MACEDO	F	36	F3539	1		VINICIUS LOUZADA	00:24:22
14	450	NICACIA DE SOUZA FERREIRA	F	43	F4044	4		GSPORTES	00:24:41
15	267	JANETE APARECIDA NOVAES	F	41	F4044	5		GSPORTES	00:24:55
16	594	ROSANGELA PEREIRA DA SILVA	F	37	F3539	2			00:25:06
17	262	IZABEL CRISTINA COSTA FERREIRA	F	38	F3539	3		CS TREINAMENTO	00:25:19
18	150	EDJANE JACINTO DOS SANTOS	F	50	F5054	1		FALCOES	00:25:26
19	107	CLAUDIA LOPES	F	50	F5054	2		LOS PANNAS	00:25:42
20	105	CINTIA FREIRE	F	48	F4549	3		BRASIL RUNNER	00:25:42
21	219	FRANKYCELANE SOUSA	F	35	F3539	4		FRAN SOUSA	00:25:44
22	501	RENILDA MARIA MARQUES DE CAMARGO	F	50	F5054	3		VINICIUS LOUZADA	00:26:01
23	8	ADRIANA RODRIGUES AMARAL DA SILV	F	49	F4549	4		DIEGO HENRIQUE	00:26:05
24	86	CARLA DOS SANTOS SILVA	F	25	F2529	1		FUNCIONAL E RUNNING	00:26:07
25	258	IRACI SANTOS BARRETO	F	59	F5559	2		PEBINHAS RUNNERS	00:26:11
26	171	ELISANGELA LOPES DA COSTA FRANCA	F	46	F4549	5		MISTERS	00:26:17
27	181	EMILIANA DA SILVA SANTOS	F	29	F2529	2		FRAN SOUSA	00:26:20
28	201	FERNANDA RODRIGUES NUNES	F	40	F4044	6		SCIENCE FITNESS	00:26:31
29	50	ANDREA CORREA MARCHESONI	F	38	F3539	5		NITRO PEN	00:26:34
30	523	ROSEMAR MOTA RAMIREZ FERREIRA	F	42	F4044	7		NAO	00:26:35
31	546	SILVIA MARTINHO COSTA BRAVO PIERRI GIL	F	47	F4549	6		RAFAEL MORENO TRIATLO	00:26:39
32	110	CLAUDINEIA DE OLIVEIRA SIMOES	F	52	F5054	4		PRO LIFE	00:26:43
33	77	BRUNA OLIVA	F	34	F3034	2		FREITAS	00:26:56
34	39	ANA LUCIA STORAI	F	44	F4044	8			00:27:00

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35	562	THATIANE FERREIRA SANTOS GONZALEZ	F	36	F3539	6		BEACH BOX	00:27:01
36	94	CAROLINA CURASSA ROSA DE SOUZA	F	40	F4044	9		NAO TENHO	00:27:05
37	76	BRUNA DE SOUZA	F	27	F2529	3		BRUNA SOUZA	00:27:17
38	374	MADALENA CORREA DE ALMIEDA	F	31	F3034	3		BRUNA SOUZA	00:27:18
39	352	LUANA CABRAL	F	41	F4044	10		NAO TEM	00:27:23
40	420	MARIZETE KIERME	F	65	F6569	1		GSPORTES	00:27:37
41	358	LUCIA DA CONCEICAO SOUSA	F	56	F5559	3		JD.IPORANGA	00:27:38
42	211	FLAVIA MACIEL	F	38	F3539	7		NAO TEM	00:27:41
43	329	KARIELLE MEDEIROS LEITE	F	30	F3034	4			00:27:43
44	342	LETICIA AGUIAR SILVA LOUZADA	F	30	F3034	5		VINIVIUS LOUZADA	00:27:49
45	437	MILENA BRAZZUS DA SILVA RIBEIRO	F	40	F4044	11		SCIENCE FITNESS	00:27:52
46	213	FRANCISCA FELISMINA DOS SANTOS S	F	61	F6064	1		FUNCIONAL E RUNNING	00:27:53
47	555	SUELLEN CARLA DA SILVA	F	35	F3539	8		SCIENCE FITNESS	00:28:00
48	448	NEUSA RODRIGUES	F	60	F6064	2		NAO TEM	00:28:03
49	518	ROSANGELA MENEZES DE OLIVEIRA	F	55	F5559	4		MISTERS	00:28:14
50	405	MARIA JOANA GOMES SANTOS	F	61	F6064	3		MEDITACAO ASSESSORIA	00:28:17
51	36	ANA GASPARINO DE SOUZA	F	54	F5054	5		BRUNA SOUZA	00:28:33
52	35	AMANDA DA ROCHA PATEZ	F	26	F2529	4		VO2MAX	00:28:35
53	175	ELIZABETE MARIA DA SILVA	F	58	F5559	5		VINICIUS LOUZADA	00:28:37
54	116	CLEONICE DELBONI NICOLAU	F	57	F5559	6		NICE DEL ARTES	00:29:05
55	398	MARIA APARECIDA SOA ANJOS AGUIAR	F	46	F4549	7		VO2MAX	00:29:12
56	504	RITA DE CASSIA GIGLOTTI MESSIAS	F	59	F5559	7		NAO TEM	00:29:16
57	441	MARAIA CECILIA DOS SANTOS	F	55	F5559	8		LOS PANNAS	00:29:37
58	401	MARIA DE LOURDES DE PAULA	F	71	F7099	1		LOS PANNAS	00:29:38
59	92	CASSIA APARECIDA DOS SANTOS	F	52	F5054	6			00:29:49
60	225	GABRIELA FERREIRA DO NASCIMENTO	F	33	F3034	6		NAO TEM	00:30:03
61	349	LOLITA ALVEZ DE LIMA	F	46	F4549	8		FUNCIONAL ITANRUNNIG	00:30:11
62	148	EDILENE ANA DA SILVA	F	36	F3539	9		DUPLADEDOIS	00:30:19
63	199	FERNANDA JAMILE ARAUJO QUINTAS	F	28	F2529	5		FRAN SOUSA	00:30:19
64	172	ELISANGELA SOARES DA SILVA	F	39	F3539	10		VINICIUS LOUZADA	00:30:26
65	455	NOEMI CORREA DE PAULA ORTHEY	F	46	F4549	9		IRISINA	00:30:27
66	266	JAMILE NASCIMENTO MOTA SOUZA	F	39	F3539	11		HEATHY BODY	00:30:28
67	122	CRISTIANE SOARES DE OLIVEIRA	F	42	F4044	12			00:30:31
68	590	YANNA LOPES BOTELHO	F	36	F3539	12		NAO TEM	00:30:39
69	468	PATRICIA GAMBA	F	43	F4044	13			00:30:41
70	71	MARIA ODETE DE NICOLACI	F	64	F6064	4		LOS PANNAS	00:30:42
71	466	PATRICIA APARECIDA HILARIO	F	53	F5054	7		JL BOSQUE MAIA ASSES	00:30:42
72	554	STEFANY RIBEIRO SILVA	F	27	F2529	6		NAO TENHO	00:30:43

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73	460	OLGA DOS SANTOS ABE	F	73	F7099	2		IRISINA	00:30:45
74	56	ANGELICA IVANIR GOMES DOS SANTOS	F	17	F0024	-	17	DIEGO HENRIQUE	00:30:53
75	318	JULIANA DE AQUINO FORNAZIER RANG	F	41	F4044	14		IRISINA	00:30:54
76	552	SOLANGE NASCIMENTO MARQUES	F	54	F5054	8		NITRO PEN	00:31:03
77	12	ADRIELE SHIRAHIGE	F	36	F3539	13		TEAM300	00:31:05
78	168	ELISANGELA APARECIDA	F	51	F5054	9		NAO TEM	00:31:07
79	438	CYNTHIA BALDAN FERNANDES	F	44	F4044	15		NAO TEM	00:31:08
80	106	CLAUDIA APARECIDA DAS NEVES	F	49	F4549	10		NAO TENHO	00:31:11
81	535	SANDRA CATARINA DOMINGUES DA FON	F	68	F6569	2		BOSQUE MAIA	00:31:18
82	579	VILMA CARVALHO DA S. DE MORAES	F	65	F6569	3		MISTERS	00:31:18
83	246	HELLEN KELLER MORAES MATOS LORS	F	42	F4044	16		FABINHO	00:31:22
84	186	FABIANA AGUIAR DA SILBA	F	47	F4549	11		VINICIUS LOUZADA	00:31:28
85	316	JULIANA BRUNA GUIMARAES FRANCO	F	34	F3034	7		SANTA HELENA	00:31:31
86	169	ELISANGELA APARECIDA DOS REIS	F	52	F5054	10		VINICIUS LOUZADA	00:31:38
87	43	ANA RAFAELA SILVA ALMEIDA	F	26	F2529	7		NAO TEM	00:31:40
88	98	CATIA TAMAKI YAMAZATO	F	54	F5054	11		VINICIUS LOUZADA	00:31:53
89	525	ROSEMARY VERCEZI SERTOIROA	F	59	F5559	9		MISTERS	00:32:02
90	550	SIMONE MARIA CAPITANI	F	42	F4044	17		NAO TEM	00:32:04
91	464	PALMIRA GABRIELE FERREIRA	F	36	F3539	14		CS TREINAMENTO	00:32:06
92	19	ALESSANDRA MORENO VITALI MANGINI	F	48	F4549	12		SCIENSE FITNESS	00:32:14
93	347	LIGIA SANTOS CRUZ	F	30	F3034	8		NAO TEM	00:32:16
94	430	MELISSA RODRIGUES PAES	F	20	F0024	1		VO2 MAX	00:32:19
95	408	MARIA ROMANA DA SILVA	F	55	F5559	10		COLGATE	00:32:24
96	560	THAIS FERRAZ	F	38	F3539	15		SUPERACAO	00:32:29
97	145	EDEVAHY FREITAS SILVA	F	64	F6064	5		VINICIUS LOUZADA	00:32:32
98	326	JUSTINE MORTIER GUEDES	F	31	F3034	9		VIDATIVA	00:32:32
99	7	ADRIANA PAULISTA DE ALMEIDA	F	44	F4044	18		ELOFARMA	00:32:36
100	121	CRISTIANE OLIVEIRA BOTELHO	F	30	F3034	10		FELIPE GUARDIANO	00:32:37
101	483	PIETRA PERSICHETTI SENATORI	F	26	F2529	8		PERSICHETTI	00:32:38
102	332	KATIA CILENE	F	40	F4044	19		NAO TENHO	00:32:40
103	577	VANIA T L A LIMA	F	63	F6064	6			00:32:42
104	57	ANGELITA MONTEIRO	F	46	F4549	13		GSPORTES	00:32:48
105	492	REGINA MONTEIRO	F	46	F4549	14		NITRO PEN	00:32:50
106	365	LUCINEIDE MELLO CAMILO LEITE	F	58	F5559	11		MISTERS	00:32:51
107	6	ADRIANA DE MORES BRAGA TEIXEIRA	F	50	F5054	12		FRAN SOUSA	00:32:57
108	41	ANA PAULA NASCIMENTO MIYASHIRO	F	31	F3034	11			00:32:58
109	551	SIMONE MARIA DE SIQUEIRA	F	46	F4549	15		NAO TEM	00:33:01
110	397	MARIA ALINE LIMA SIMOES	F	36	F3539	16		DIEGO HENRIQUE	00:33:03
111	109	CLAUDIA SOUZA DOS SANTOS DINIZ	F	38	F3539	17		VINICIUS LOUZADA	00:33:05
112	95	CAROLINE RABELLO LUNARDI	F	30	F3034	12			00:33:06

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## CORRIDA 5K FEM

113	458	ODETE APARECIDA DOS REIS	F	54	F5054	13		LION FIT	00:33:08
114	410	MARIA TERESA CRISTINA GARCIA	F	58	F5559	12		BOSQUE MAIA	00:33:16
115	605	BRIGITTE LANGRENEY	F	56	F5559	13			00:33:16
116	361	LUCIANA FERREIRA DE OLIVEIRA PED	F	45	F4549	16		NAO TEM	00:33:21
117	404	MARIA JAMILE SILVA	F	41	F4044	20		MISTERS	00:33:25
118	124	DAIANE LEDUINOHASELBAWER	F	33	F3034	13		VINICIUS LOUZADA	00:33:33
119	467	PATRICIA APARECIDA SANTIAGO	F	38	F3539	18		IRISINA	00:33:37
120	161	ELAINE CRISTINA DOS SANTOS FERRE	F	36	F3539	19		FALCOES	00:33:47
121	432	MERIN DOS SANTOS MOREIRA	F	37	F3539	20		FRAN SOUSA	00:33:48
122	333	KATIA MORENO SILVA	F	41	F4044	21		NAO TEM	00:33:48
123	433	MICHELE SARTORI	F	39	F3539	21		NAO TEM	00:33:49
124	445	NATHALIA BOTAZZO	F	26	F2529	9		MF	00:33:57
125	2012	CLARICE MARQUES FERREIRA	F	37	F3539	22			00:34:13
126	545	SILVANA MARTINS DOVERI	F	49	F4549	17		CS TREINAMENTO	00:34:21
127	259	IRENE DA SILVA	F	46	F4549	18		LOGO ALI	00:34:31
128	2011	ADRIANA FERREIRA	F	44	F4044	22			00:34:34
129	160	ELAINE BIAZZUS FERREIRA	F	45	F4549	19		SCIENCE FITNESS	00:34:39
130	261	IVONE M DOS SANTOS	F	66	F6569	4			00:34:42
131	183	ENI EUGENIO	F	53	F5054	14		NAO TEM	00:34:43
132	241	GUIOMAR DIAS OLIVIERI	F	67	F6569	5		FRAN SOUSA	00:34:48
133	101	CELINA ANTONINI LOUZADA	F	62	F6064	7		VINICIUS LOUZADA	00:34:48
134	520	ROSANGELA SILVA DOS SANTOS	F	47	F4549	20		BEACH BOX	00:34:48
135	485	PRISCILA BARBOSA DE BARROS	F	56	F5559	14		MISTERS	00:34:53
136	137	DIARLA SANTOS GOIABEIRA	F	43	F4044	23		VINICIUS LOUZADA	00:35:06
137	123	CRISTINA MITIE HONDO FUKUJI	F	64	F6064	8		NAO TENHO	00:35:14
138	178	ELIZETE DA SILVA PIRES	F	58	F5559	15		VINICIUS LOUZADA	00:35:16
139	184	ENIR PERREIRA DE SOUSA	F	58	F5559	16		NAO TEM	00:35:23
140	180	ELZA DA SILVA	F	57	F5559	17		LOS PANNAS	00:35:37
141	70	BARBARA GRAZIELA P. DA SILVA	F	36	F3539	23		GSPORTES	00:35:40
142	574	VALDELI FERREIRA DA SILVA	F	54	F5054	15		NAO TEM	00:35:41
143	595	TATIANA DE SOUZA DOS SANTOS ROSA	F	43	F4044	24			00:35:44
144	257	IARA DOS SANTOS FERREIRA	F	56	F5559	18		VINICIUS LOUZADA	00:35:51
145	402	MARIA DE LOURDES MENEZES DA SILV	F	65	F6569	6		MISTERS	00:35:52
146	557	TALITA SANTOS DE BRITO	F	41	F4044	25			00:35:54
147	429	MELISSA ALVES DE OLIVEIRA	F	13	F0024	-	17	NAO TEM	00:35:59
148	236	GLEDES MARCELINO	F	61	F6064	9		GSPORTES	00:36:04
149	162	ELIANA CARVALHO	F	50	F5054	16		BEACH BOX PG	00:36:07
150	85	CARLA SANTOS	F	43	F4044	26		NAO TENHO	00:36:12
151	119	CLEUDE SOUZA DOS SANTOS	F	38	F3539	24		VINICIUS LOUZADA	00:36:14
152	75	BRUNA CORDEIRO DE SOUZA	F	35	F3539	25		VINICIUS LOUZADA	00:36:14
153	350	LOURDES MARIA DA SILVA	F	58	F5559	19		LOS PANNAS	00:36:18

# CORRIDA DE VERÃO - ITANHAMA 2023

## CORRIDA 5K FEM

154	103	CINTIA CIPRIANO FREITAS	F	38	F3539	26		VINICIUS LOUZADA	00:36:20
155	553	SONIA TIEMI TEMAKI	F	48	F4549	21		VO2MAX	00:36:21
156	321	JULIANA YURI NISHIKAWA ALVES	F	44	F4044	27		MISTERS	00:36:23
157	66	ARIONEIDE DA SILVA BENTO DE OLIV	F	58	F5559	20			00:36:26
158	99	CELIA ALVES	F	44	F4044	28		MISTERS	00:36:27
159	320	JULIANA VIEIRA DOS SANTOS	F	38	F3539	27			00:36:27
160	426	MATILDE DOS SANTOS	F	52	F5054	17		LION FIT	00:36:33
161	373	LUIZIMAR MENEZES DA SILVA	F	65	F6569	7		VINICIUS LOUZADA	00:36:45
162	309	JOSEFA LEDA SANTANA	F	45	F4549	22		NAO TEM	00:36:47
163	328	KAIRA MENDES GUIADANES	F	25	F2529	10		LION FIT	00:36:47
164	359	LUCIANA BRITO ALVES	F	48	F4549	23		NAO TEM	00:36:50
165	497	RENATA DELMIRO DA SILVA THOMAZ	F	36	F3539	28		FRAN SOUSA	00:36:54
166	419	MARISTELA DOMINGUES CUNHA	F	58	F5559	21		PROSAUDE	00:36:54
167	412	MARIANE LEOPORO GONCALVES	F	28	F2529	11		MF	00:37:05
168	174	ELIZABEH REGINA BARBOZA VIEIRA	F	56	F5559	22		DIEGO HENRIQUE	00:37:12
169	364	LUCINEIA DE ARAUJO SANTANA	F	39	F3539	29		PROSAUDE	00:37:13
170	29	ALICE HARUMI AOKI MORITA	F	60	F6064	10			00:37:14
171	363	LUCIENE PORFIRIO DE SOUSA	F	58	F5559	23		VINICIUS LOUZADA	00:37:20
172	330	KARINA GUEDES FULAN VIANA	F	35	F3539	30		NAO TENHO	00:37:24
173	228	GESMAR LIMA RIBEIRO BARBOSA	F	55	F5559	24		ESPORTE CLUBE XV	00:37:28
174	284	JOELMA APARECIDA GONCALVES	F	48	F4549	24		FABINHO	00:37:38
175	244	HEIDI DOMINISCKI LUZ	F	43	F4044	29			00:37:40
176	226	GELSUMINA VIEIRA BABILON	F	59	F5559	25		EU SOU DESSAS	00:37:45
177	210	FLAVIA DOS SANTOS LEMOS	F	51	F5054	18		SCIENCE FITNESS	00:37:45
178	434	MICHELLE ALVES RODRIGUES	F	34	F3034	14		NAO TEM	00:37:46
179	414	MARILIZA ALVES COIMBRA	F	52	F5054	19		VINICIUS LOUZADA	00:37:52
180	127	DANIELLE ARANTE MACIEL	F	36	F3539	31		NAO TENHO	00:37:55
181	187	FABIANA BISPO FERNANDES	F	41	F4044	30		DIEGO HENRIQUE	00:37:58
182	413	MARIANA DO ESPIRITO SANTO MARTINS DA GUIA	F	31	F3034	15		ML SUPLEMENTOS	00:38:04
183	179	ELVIRA MARIA DE OLIVEIRA	F	65	F6569	8			00:38:18
184	314	JULIA SANTOS SILVA	F	20	F0024	2		CS TREINAMENTO	00:38:33
185	129	DANIELLI FEITOSA	F	27	F2529	12			00:38:54
186	42	ANA PAULA FALASCHI	F	54	F5054	20		VINICIUS LOUZADA	00:38:55
187	536	SANDRA LIMA	F	50	F5054	21		FALCOES	00:39:07
188	498	RENATA LARA ALVES	F	40	F4044	31		GSPORTES	00:39:09
189	337	LARISSA E GOMES	F	34	F3034	16		FRAN SOUSA	00:39:10
190	245	HELENA SEIBERT	F	38	F3539	32		MISTERS	00:39:13
191	265	JAMILE MARIELE FAVA	F	37	F3539	33		IRISINA	00:39:16
192	176	ELIZABETE SILVA	F	53	F5054	22		NAO TENHO	00:39:25
193	548	MARIA DAS GRACAS SOUSA	F	54	F5054	23			00:39:25

# CORRIDA DE VERÃO - ITANHAMA 2023

## CORRIDA 5K FEM

194	170	ELISANGELA DE OLIVEIRA MAIS	F	52	F5054	24		MISTERS	00:39:30
195	563	THAYNARA DE MENEZES MARTINS MACA	F	33	F3034	17		SCIENSE FITNESS	00:39:32
196	400	MARIA CLAUDETE SANTOS MELO	F	62	F6064	11		VINICIUS LOUZADA	00:39:33
197	406	MARIA JOSINEIDE DA SILVA	F	53	F5054	25		CANELA SECA	00:39:35
198	346	LIAMAR SILVERIA MARTINS	F	48	F4549	25		AVULSO	00:39:40
199	188	FABIANA SAQUELI	F	40	F4044	32		AVULSO	00:39:44
200	449	NEUSA SUELI FRANCO GOMES	F	63	F6064	12		PROSAUDE	00:40:19
201	104	SIMONE XELLA DE OLIVA	F	44	F4044	33		NAO TEM	00:40:19
202	348	LILIAN MEIRELES	F	39	F3539	34		VO2MAX	00:40:26
203	336	LARA REGINA CADIDI DA SILVA	F	67	F6569	9		RUN_BENI GUARULHOS	00:40:32
204	561	THAIS MARA DE SOUZA TRIGO	F	46	F4549	26		VO2MAX	00:40:50
205	37	ANA KELLEN DE SOUSA	F	29	F2529	13			00:41:00
206	454	NIVALDA JANUARIO	F	49	F4549	27		VINICIUS LOUZADA	00:41:08
207	54	ANGELA PATRICIA RAMOS	F	52	F5054	26		MISTERS	00:41:08
208	51	ANDREIA ARAUJO CHIOVATTO DE OLIVEIRA	F	44	F4044	34		NAO TENHO	00:41:08
209	128	DANIELLE CRISTINA BELO CARVALHO	F	39	F3539	35		DDANI FERRO VELHO	00:41:13
210	53	ANGELA MARIA BIANO GONCALVES	F	58	F5559	26		NAO TEM	00:41:17
211	416	MARINETE APARECIDA FRANCISCO	F	57	F5559	27		VINICIUS LOUZADA	00:41:17
212	102	CIBELE GALVAO	F	43	F4044	35		MISTERS	00:41:22
213	331	KARINY TIEMI NAKAMURA RAMIREZ	F	39	F3539	36		NAO TEM	00:41:38
214	375	MAGDA MARTINS DA SILVA	F	38	F3539	37		MF	00:41:41
215	30	ALIETE ELIAS DOS SANTOS RAMOS	F	47	F4549	28		NAO TEM	00:41:49
216	444	NATALIA DOS SANTOS SILVA	F	25	F2529	14		NAO TEM	00:41:50
217	522	ROSELI DELMIRO DA SILVA SCHNEIDE	F	46	F4549	29		FRAN SOUSA	00:42:32
218	44	ANANDA FINI ROCCIA	F	34	F3034	18		NAO TENHO	00:42:35
219	385	MARCIA BEATRIZ PEREIRA DOMINGUES	F	42	F4044	36			00:42:37
220	601	MARA MONTEIRO	F	46	F4549	30		NAO TEM	00:42:38
221	409	MARIA SANDRA VIDOR SARTORI	F	69	F6569	10		NAO TEM	00:42:41
222	212	FRANCIELLI FORTES TEIXEIRA DANTA	F	30	F3034	19		SANTA HELENA	00:43:06
223	403	MARIA DO CARMO DOS S. MEDONCA	F	62	F6064	13		MITERS	00:43:06
224	524	ROSEMARY DO ESORITO SANTO MARTI	F	41	F4044	37		ML SUPLEMENTOS	00:43:07
225	185	ERIKA CRISTINA DOS S FRANCETTO	F	44	F4044	38		CS TREINAMENTO	00:43:09
226	490	RAFAELA DE SOUZA SILVA	F	22	F0024	3		NAO TENHO	00:43:11
227	234	GIULIANA GOMIDES	F	36	F3539	38		VAI CORINTHIANS	00:43:26
228	97	CATHERINE PATRICIO DUARTE TINOCO	F	47	F4549	31		NAO TEM	00:43:27
229	360	LUCIANA DE FATIMA RIBEIRO SOUZA	F	50	F5054	27		NAO TEM	00:43:37
230	526	ROSEMEIRE ARAUJO SANTOS	F	49	F4549	32			00:43:38
231	9	ADRIANA VIEIRA DA SILVA	F	41	F4044	39		MISTERS	00:43:41

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## CORRIDA 5K FEM

232	386	MARCIA TEIXEIRA LEAL DE OLIVEIRA	F	44	F4044	40		NAO TEM	00:43:41
233	233	GISELI APARECIDA OLIVEIRA	F	31	F3034	20		LION FIT	00:43:53
234	353	LUANA FONACIARI MENDES	F	42	F4044	41		SCIENCE FITNESS	00:44:04
235	354	LUANA MARIA DA SILVA LISBOA OLIV	F	35	F3539	39		MISTERS	00:44:09
236	40	ANA MARIA DEMBOWSKI	F	60	F6064	14		DIEGO HENRIQUE	00:44:14
237	580	VIRGINIA SANTOS LEO	F	45	F4549	33		NAO TENHO	00:44:14
238	59	ANTONIA STEFANIA DEMBOWSKI RIVA	F	57	F5559	28		DIEGO HENRIQUE	00:44:15
239	238	GRAZIELA NAVILLE PASQUORELLI	F	44	F4044	42		NAO TEM	00:44:20
240	543	SILENE FIRMINO	F	59	F5559	29		NAO TEM	00:44:23
241	198	FERNANDA CARVALHO GIMENEZ MUNHOZ	F	36	F3539	40		NAO TYEM	00:44:24
242	134	DEBORA INACIO DE ARAUJO	F	36	F3539	41		MISTERS	00:44:29
243	549	SIMONE DA SILVA MENDES FERNANDES	F	50	F5054	28		VINICIUS LOUZADA	00:45:31
244	164	ELIANE MENEZES	F	53	F5054	29		FRAN SOUSA	00:45:35
245	315	JULIA SILVA LOPES	F	25	F2529	15		NAO TENHO	00:45:52
246	521	ROSE KEITY URAGUTI MARROCO	F	33	F3034	21		NAO TENHO	00:45:52
247	167	ELISABETH LAGE SILVERIO	F	66	F6569	11		NAO TEM	00:47:03
248	544	SILVANA DA SILVA MENDES	F	45	F4549	34		VINICIUS LOUZADA	00:47:28
249	343	LETICIA MARTINS BRANDAO	F	19	F0024	4		PRO LIFE	00:47:48
250	135	DENISE RIBEIRO DA SILVA	F	42	F4044	43		PROSAUDE	00:49:02
251	31	ALINE DE SOUZA GOMES	F	43	F4044	44		NAO TEM	00:49:30
252	541	SHEILA DE AGUIAR CORTEZ	F	30	F3034	22		CROOS FIT	00:50:13
253	78	BRUNA RIBEIRO DA SILVA	F	35	F3539	42		MF	00:50:14
254	539	SEVERINA DA SILVA GONCALO	F	59	F5559	30		LOS PANNAS	00:51:22
255	559	THAIS DE ALCANTARA PEREIRA	F	45	F4549	35		NAOTEM	00:51:26
256	200	FERNANDA MARIA	F	27	F2529	16		FRAN SOUSA	00:51:42
257	411	MARIA ZULEIDE TAVARES DA SILVA	F	52	F5054	30		FRAN SOUSA	00:51:44
258	34	AMANDA BRAGA TEIXEIRA	F	20	F0024	5			00:51:59
259	165	ELISABETE RODRIGUES BARBOSA BABI	F	52	F5054	31		PE DE PANO	00:52:14
260	2007	MARIA ANGELICA	F	63	F6064	15		MISTERS	00:53:14
261	2010	MARINILZA PEREIRA DE LIMA	F	58	F5559	31			00:53:35
262	338	LAURA APARECIDA PEDROSO	F	59	F5559	32		DIEGO HENRIQUE	00:55:02
263	558	TEREZA ADRIANA PEDROSO	F	60	F6064	16		DIEGO HENRIQUE	00:55:04
264	407	MARIA MENEZES DA SILVA	F	60	F6064	17		DIEGO HENRIQUE	00:55:25
265	65	APARECIDA LURDES LIMA	F	72	F7099	3		VINICIUS LOUZADA	00:56:26
266	440	MONICA FERNANDES DOS SANTOS BIZZ	F	44	F4044	45		ZEMOG RUNNERS FITNES	00:59:50
267	69	BARBARA FERREIRA MARTINS	F	31	F3034	23		NAO TEM	01:00:08
268	527	ROSI GOMES BRANDAO	F	46	F4549	36		PRO LIFE	01:00:55
269	334	KATIA SARAIVA	F	45	F4549	37		VO2MAX	01:01:45
270	237	GLEUZA DA SILVA	F	53	F5054	32		HEATHY BODY	01:02:01

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## CORRIDA 5K FEM

271	604	THALYTA SCHMIDT BAPTISTA RAMOS	F	28	F2529	17		01:02:34
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